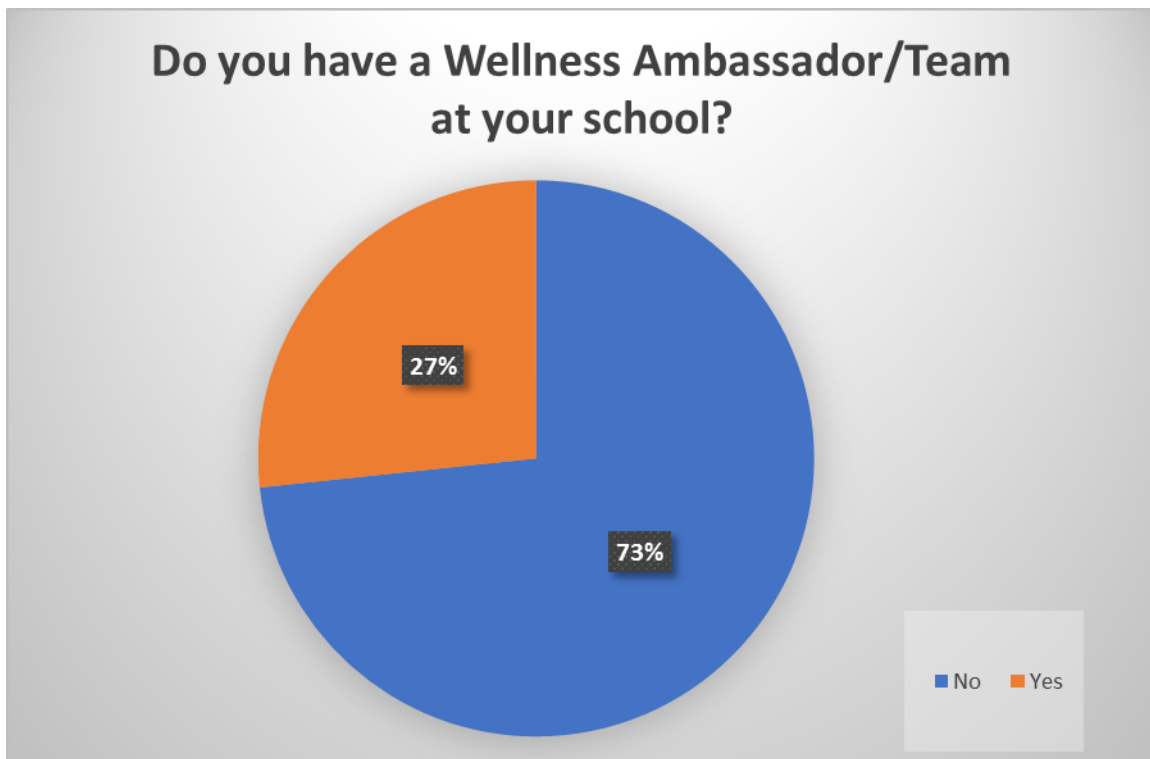


SY16 Paulding County Local School Wellness Plan Evaluation Summary Report

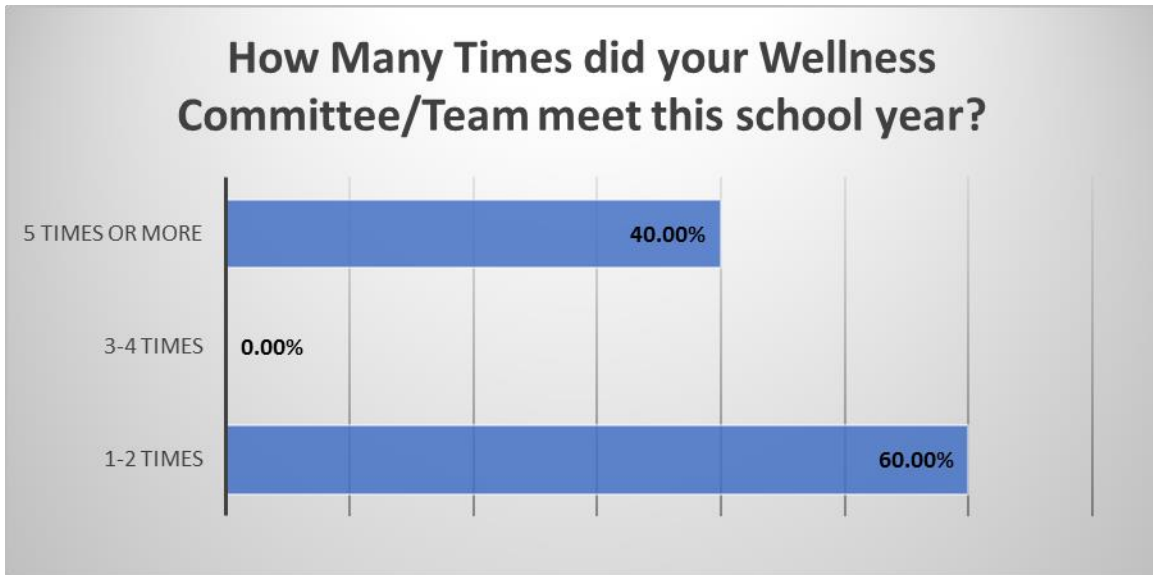
The Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004 required by law that each local educational agency that participates in the National School Lunch Program or other federal Child Nutrition Programs is required by federal law to establish a local school wellness policy. This was further strengthened by the U.S. Department of Agriculture's (USDA) Healthy, Hunger-Free Kids Act of 2010 which requires an annual evaluation of implementation and compliance to wellness policies within school districts. The purpose of wellness plans and policies is to promote students' health, well-being, and ability to learn by supporting healthy eating and physical activity.

Paulding School District Wellness Committee would like to thank everyone for their cooperation and support in creating healthy school environments for our students. The District Wellness Committee is a partnership for Paulding School District staff, community partners, teachers, and stakeholders that meets biannually to support the Paulding School District Board Approved wellness policy as well as to promote continuation of wellness programming, grants, initiatives, and partnerships. The Assessment report below describes implementation of wellness plans and evaluates compliance of the wellness policy as reported at the school level.

Data was collected using an electronic survey submitted by 33 schools within Paulding School District: 19 Elementary schools, 9 middle schools, and 5 high schools. Wellness Champions established from local schools administered the survey.

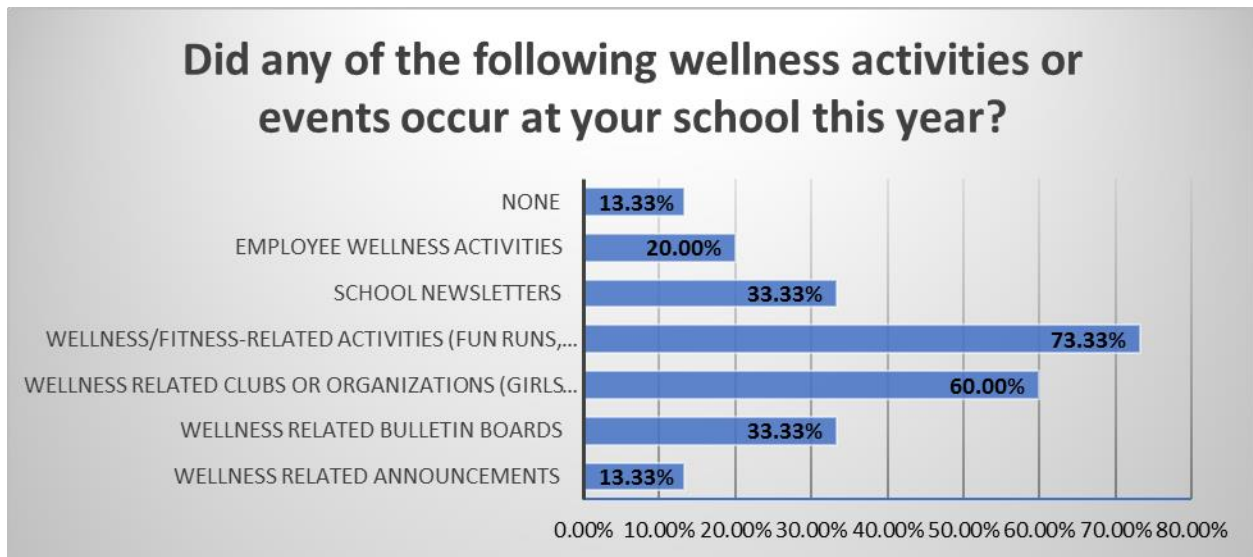


For those schools which answered yes to the above:

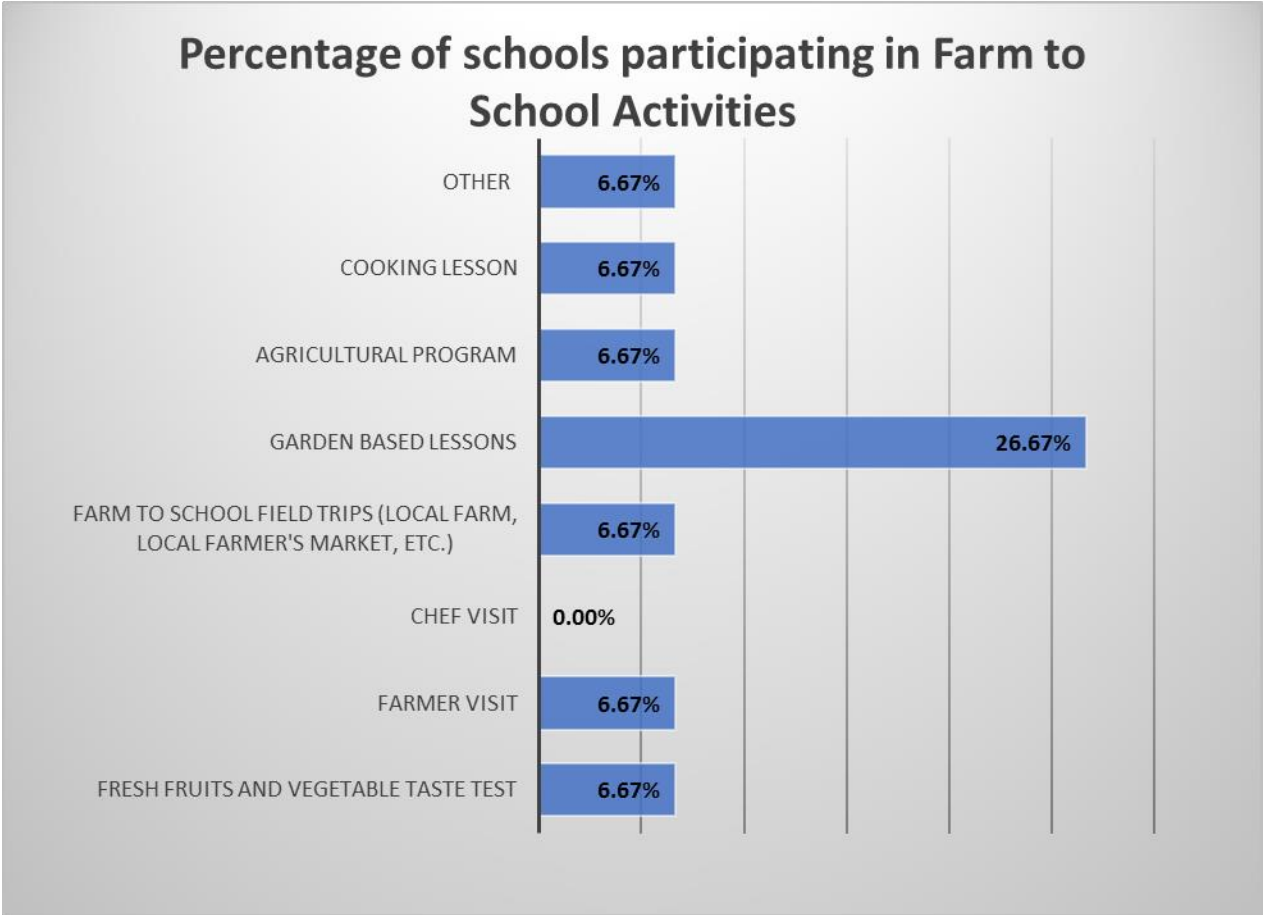


The schools located in Paulding County School District maintain the primary goals of providing opportunities to develop student knowledge and skills for specific physical activities, maintain physical fitness, encourage regular participation in physical activity, and understanding the short and long-term benefits of a physically active and healthy lifestyle. Physical Activities at home and out within the community are encouraged.

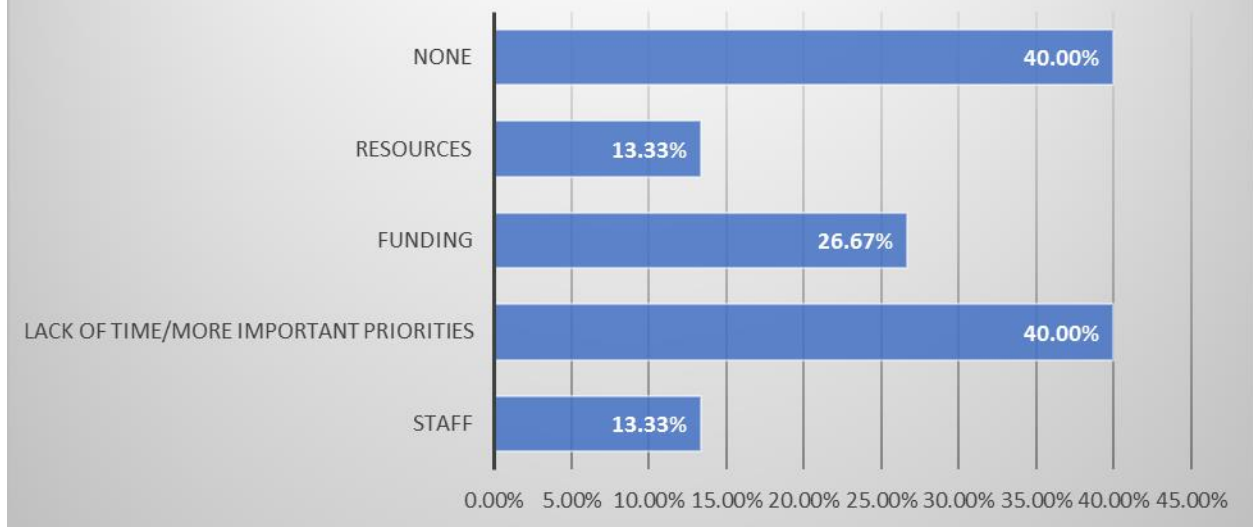
Paulding County Schools promote the development of students through other school based activities including: participation in various programs such as Farm to School, the National School Breakfast and Lunch Programs, as well as fitness groups/activities for everyone involved. Information will be provided about these programs via school web sites, newsletters, and/or handbooks.



Paulding County School Nutrition works alongside produce vendors to bring fruits and vegetables grown locally to Paulding County School District Students. These Georgia grown fruits and vegetables are highlighted daily in the cafeterias at all the schools within the county. Partnering with local farmers not only brings fresh fruits and vegetables to the student’s plates but also highlights Georgia and the nutritional benefits of locally grown produce. Local farm tours, cooking classes, recipe generation and instruction and garden lessons to enhance student knowledge are just a few added benefits of the program. Yearly in-season fruit and vegetable calendars are provided for participants. The Farm to School program provides tower gardens to increase efforts in teaching children about where their food comes from.



Did any of the following barriers below have an impact on your school implementing a wellness program or meeting wellness goals?



Data was collected to determine the presence of school wellness programs and the amount of school participation within them. Based on the data acquired from SY16, the following goals will be implemented for SY17-18.

Goals SY17-18

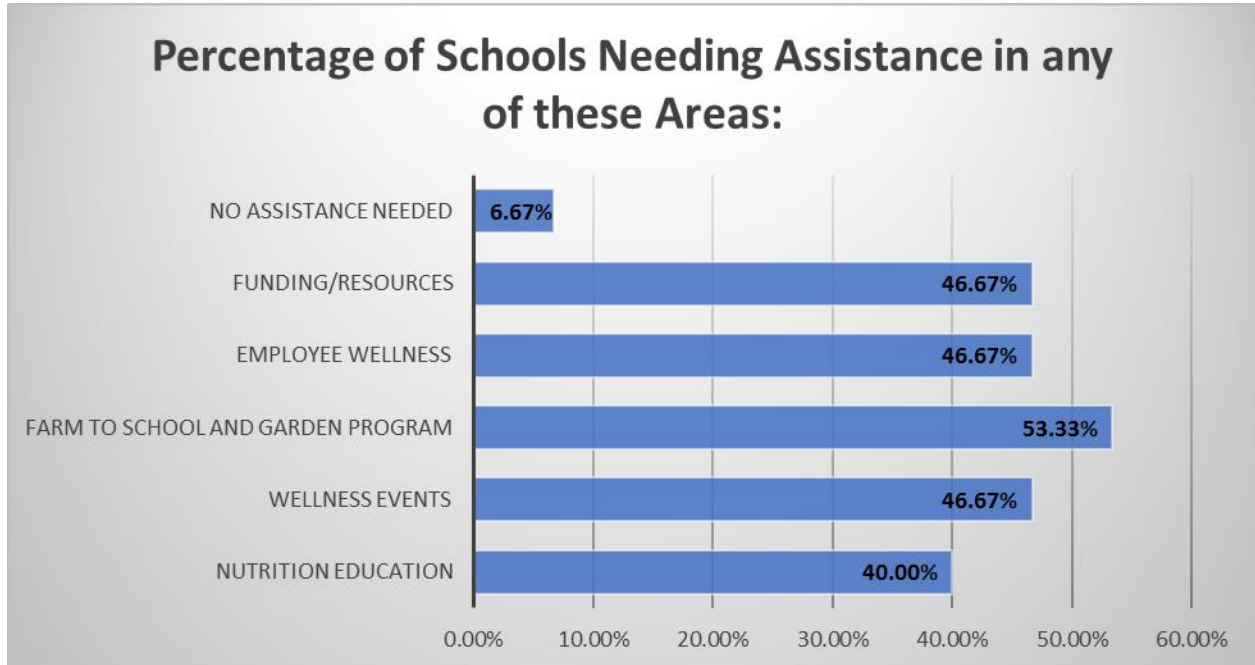
1. Incorporate more taste testing within the Paulding County School District.

By encouraging student participation in their meal and food selection, it will potentially enhance student participation in the school breakfast/lunch programs. This will also expose children to different kinds of foods and foster a healthy eating environment.

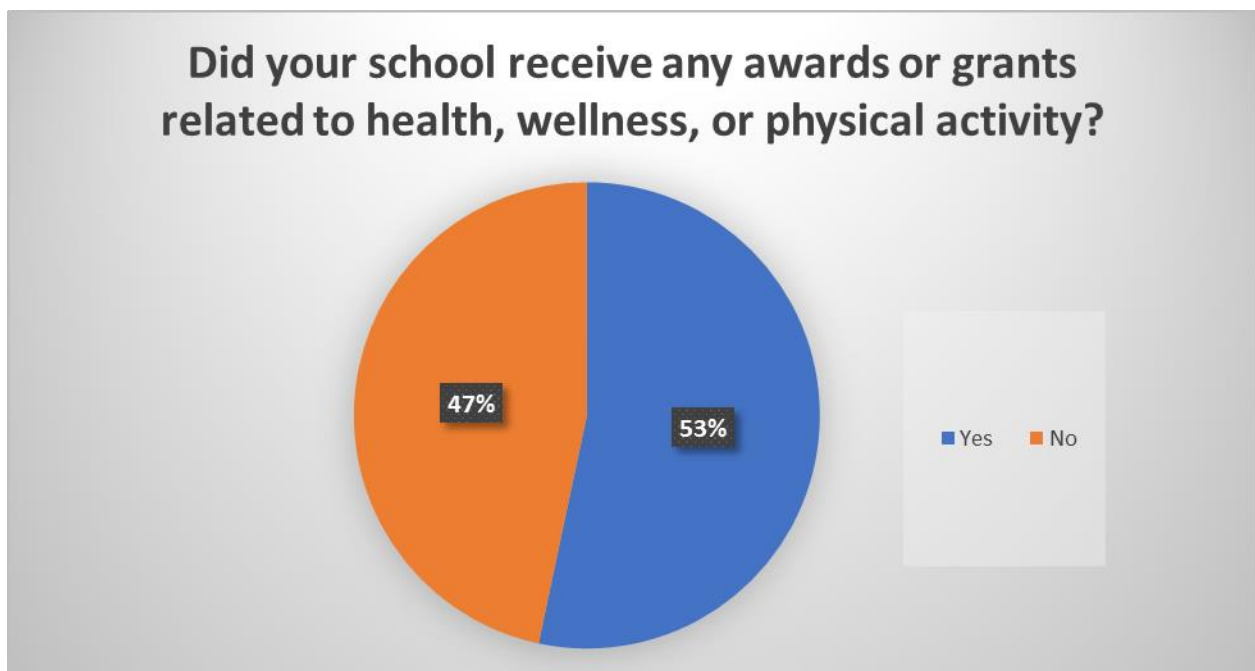
2. Integrate more cooking demonstrations and hands on cooking experience within the student population.

Student participation in cooking demonstrations and hands on learning can enhance interest in new foods, raise awareness of proper cooking techniques, promote healthy eating habits and associate positive meal experiences.

3. Encourage further engagement in the Farm to School Program.
Active participation in the Farm to School Program ensures the use and consumption of fresh fruits and vegetables. Students can learn the importance of local agriculture and its' impact on the local economies.



It was noted that approximately 7% of schools in the Paulding School District did not require any assistance to manage their school wellness programs.



11 schools received Touchdown Status from the Fuel Up to Play60 Healthy School Program. 10 schools received the Healthy Schools Award from the Let's Move to Active Schools Program. 10 Schools received School breakfast grants from Action for Healthy Kids to increase breakfast participation. 1 School received the Georgia Shape award along with a grant. 1 school received the bronze level award from the Alliance for a Healthier Generation. The District received the Golden Radish Award for highlighting a strong Farm to School Program. 2 Nutrition awards were received from the Georgia Nutrition Association.

